

Top 7 IE

		<b>Girls</b>			
Ashley Cahalan	Sr r	Vista Murrieta HS	17:40.4		
Samantha Aguilar	So s	Redlands East Valley HS	18:08.6		
Kelly Fairchild	Jr s	Serrano HS	18:08.8		
Courtney Brenner	Jr s	Serrano HS	18:12.2		
Stefani Gaskell	Jr s	Sultana HS	18:13.8		
Sam Poliakon	Jr s	Cajon HS	18:24.0		
Michaela Reynolds	Jr r	Vista Murrieta HS	18:25.1		

Top 7

				San Bernardino			
Ashley Cahalan	Sr r	Vista Murrieta HS	17:40.4	Kelly Fairchild	Jr s	Serrano HS	18:08.8
Michaela Reynolds	Jr r	Vista Murrieta HS	18:25.1	Courtney Brenner	Jr s	Serrano HS	18:12.2
Marissa Rodriguez	So r	La Quinta HS	18:41.7	Stefani Gaskell	Jr s	Sultana HS	18:13.8
Clarissa Chagolla	Jr r	JW North HS	18:42.8	Sam Poliakon	Jr s	Cajon HS	18:24.0
Natalie Vaughn	Sr r	Santiago HS	18:51.3	Grace Staton	Fr s	Chino Hills HS	18:27.6
Sandra Flores	Jr r	La Quinta HS	18:53.7	Alexis Ramirez	Jr s	Serrano HS	18:30.2
Alexandra Stetkevici	Jr r	Riverside Poly HS	18:57.5	Summer Barkan	Fr s	Serrano HS	18:39.5

Top 10 by Grade, County,

Frosh

Vanessa Garcia	Fr r	Murrieta Valley HS	19:36.2	Grace Staton	Fr s	Chino Hills HS	18:27.6
Kalea Ibarra	Fr r	Riverside Poly HS	19:56.5	Summer Barkan	Fr s	Serrano HS	18:39.5
Annabelle Werner	Fr r	Vista Murrieta HS	20:00.7	Isabelle Swanson	Fr s	Redlands HS	19:01.1
Jayda Martinez	Fr r	Rubidoux HS	20:01.0	Alyssa Segovia	Fr s	Alta Loma HS	19:02.8
Caitlyn Saucedo	Fr r	Cajon HS	20:07.3	McKenzie Cornell	Fr s	Serrano HS	19:10.2
Madeline Gonsalves	Fr r	Murrieta Valley HS	20:10.0	Alyssa Gatti	Fr s	Barstow HS	19:10.9
Melia Lawrence	Fr r	Woodcrest Christian HS	20:12.3	Fiona Woodside	Fr s	Serrano HS	19:15.5
Shae Corcoran	Fr r	Santiago HS	20:12.9	Alissa Johnson	Fr s	Carter HS	19:24.0
Lauren DeFrank	Fr r	Woodcrest Christian HS	20:18.4	Katelyn Zabaleta	Fr s	Redlands HS	19:44.0
Kimberly Lopez	Fr r	San Jacinto HS	20:38.8	Julia Brenner	Fr s	Serrano HS	20:06.4

Soph

Marissa Rodriguez	So r	La Quinta HS	18:41.7	Samantha Aguilar	So s	Redlands East Valley HS	18:08.6
Marissa Thompson	So r	Woodcrest Christian HS	19:11.3	Gabriela Sanchez	So s	Fontana AB Miller	18:59.6
Julia Valdez	So r	Riverside Poly HS	19:19.4	Katherine Aguilar	So s	Redlands HS	19:14.1
Alexandria Wisemar	So r	Vista Murrieta HS	19:21.1	Vanessa Gaitan	So s	Redlands East Valley HS	19:23.6
Julie Diaz	So r	Vista Murrieta HS	19:27.3	Madelyn Cook	So s	Serrano HS	19:51.2
Riley Arnson	So r	Palm Desert HS	19:28.0	Sydney Jolley	So s	Redlands HS	20:09.6
Kilee Reynolds	So r	Vista Murrieta HS	19:42.8	Riley Rodriguez	So s	Upland HS	20:13.6
Madeline Bemis	So r	Centennial HS	19:46.3	Breanna Almanza	So s	Cajon HS	20:16.9
Olivia Nelson	So r	Santiago HS	19:53.6	Mia Saiza	So s	Rancho Cucamonga	20:21.3
Diana Heath	So r	Santiago HS	19:54.9	Harley Liera	So s	Etiwanda HS	20:23.1

Juniors

Michaela Reynolds	Jr r	Vista Murrieta HS	18:25.1	Kelly Fairchild	Jr s	Serrano HS	18:08.8
Clarissa Chagolla	Jr r	JW North HS	18:42.8	Courtney Brenner	Jr s	Serrano HS	18:12.2
Sandra Flores	Jr r	La Quinta HS	18:53.7	Stefani Gaskell	Jr s	Sultana HS	18:13.8
Alexandra Stetkevici	Jr r	Riverside Poly HS	18:57.5	Sam Poliakon	Jr s	Cajon HS	18:24.0
Arlene Avalos	Jr r	Great Oak HS	18:59.5	Alexis Ramirez	Jr s	Serrano HS	18:30.2
Sani Shabgahi	Jr r	Corona HS	19:07.5	Megan Maretti	Jr s	Rancho Cucamonga	18:49.7
Adriana Hernandez	Jr r	JW North HS	19:20.2	Sara McCann	Jr s	Etiwanda HS	19:40.5
Emily O'hara	Jr r	Temecula Valley HS	19:33.4	Victoria Magana	Jr s	Rancho Cucamonga	19:54.8
Stephanie Vitello	Jr r	Santiago HS	19:36.4	Chelsie Washburn	Jr s	Redlands HS	20:10.3
Samantha Taylor	Jr r	Vista Murrieta HS	19:55.2	Erin Carvalho	Jr s	Chino Hills HS	20:13.8

Seniors

Ashley Cahalan	Sr r	Vista Murrieta HS	17:40.4	Shanna Burns	Sr s	Serrano HS	18:43.1
Natalie Vaughn	Sr r	Santiago HS	18:51.3	Brittany Bailey	Sr s	Rancho Cucamonga	19:20.4
Valerie Ramirez-Mai	Sr r	Vista Murrieta HS	19:00.4	Alyssa Hebb	Sr s	Redlands East Valley HS	19:28.3
Olivia Rivera	Sr r	Temecula Valley HS	19:08.8	Alexa Zamora	Sr s	Granite Hills HS	19:32.0
Bethany Newton	Sr r	Centennial HS	19:22.3	Gabby Allen	Sr s	Apple Valley HS	19:32.3
Baellae Hoops	Sr r	Canyon Springs HS	19:49.2	Maryah Marcano	Sr s	Sherman Burroughs	19:36.1
Lizette Enriquez	Sr r	Rubidoux HS	19:51.9	Claire Crowley	Sr s	Redlands HS	19:43.3
Anahi Vazquez	Sr r	La Quinta HS	20:04.8	Paige Smith	Sr s	Serrano HS	19:54.0
Megan Reed	Sr r	Riverside Poly HS	20:10.7	Larissa Morse	Sr s	Granite Hills HS	19:58.9
Morgane Vuillemeij	Sr r	Murrieta Valley HS	20:30.0	Kaitlin Quaid	Sr s	Redlands HS	20:02.0

Top y IE

**Boys**

Jeremiah Bias	Sr	r	Vista del Lago HS	15:08.6
Pedro Sandoval	Sr	r	Rubidoux HS	15:13.4
Koby Pederson	Sr	s	Alta Loma HS	15:22.9
Anthony Alvarez	Sr	r	Rubidoux HS	15:30.7
Peter Torres	Jr	s	Chino Hills HS	15:38.0
Eric Nunez	Jr	r	Vista Murrieta HS	15:40.1
Erik Gonzalez	So	r	Rubidoux HS	15:42.2
Jhavahn Holston	So	s	Serrano HS	15:42.5

Top 7 by County

**Riverside**

**San Bernardino**

Jeremiah Bias	Sr	r	Vista del Lago HS	15:08.6	Koby Pederson	Sr	s	Alta Loma HS	15:22.9
Pedro Sandoval	Sr	r	Rubidoux HS	15:13.4	Peter Torres	Jr	s	Chino Hills HS	15:38.0
Anthony Alvarez	Sr	r	Rubidoux HS	15:30.7	Jhavahn Holston	So	s	Serrano HS	15:42.5
Eric Nunez	Jr	r	Vista Murrieta HS	15:40.1	Christian Sharp	Sr	s	Redlands East Valle	15:47.5
Erik Gonzalez	So	r	Rubidoux HS	15:42.2	Ryan Khoury	Sr	s	Upland HS	15:48.7
Trevor Knaus	Sr	r	Vista Murrieta HS	15:44.4	Bradley Ewart	Jr	s	Los Osos HS	15:50.6
Chris Malloy	Sr	r	Vista Murrieta HS	15:45.7	Christopher Arcos	Sr	s	Chino Hills HS	15:53.0
Austin DUBYAK	Sr	r	Woodcrest Christian HS	15:45.9					

**Top 10 by Grade, County**

Frosh

Raymon Ornelas	Fr	r	Eleanor Roosevelt HS	15:58.6	Elias Opsahl	Fr	s	Redlands East Valle	16:01.5
Raymond Franco	Fr	r	Rancho Verde HS	16:18.1	David Lozano	Fr	s	Chino Hills HS	17:07.4
Conner Dmytriw	Fr	r	Paloma Valley HS	16:23.8	Marco Ospina	Fr	s	Los Osos HS	17:09.4
Wayne Richards	Fr	r	Eleanor Roosevelt HS	16:46.4	Vincent Landeros	Fr	s	Upland HS	17:21.3
Tyler Spencer	Fr	r	Eleanor Roosevelt HS	16:51.2	Nico Rominu	Fr	s	Redlands HS	17:28.5
Matthew Lieberman	Fr	r	Eleanor Roosevelt HS	16:57.1	Victor Garcia	Fr	s	Serrano HS	17:38.8
Robert Martinez	Fr	r	Coachella Valley HS	16:57.3	Darius Riley	Fr	s	Rancho Cucamonga	17:42.8
Joshua Potts	Fr	r	Eleanor Roosevelt HS	17:01.8	Angel Campos	Fr	s	Ontario HS	17:48.9
Matt Rizzo	Fr	r	Murrieta Mesa HS	17:05.5	Partick Tai	Fr	s	Chino Hills HS	17:53.2
Marcos Milla	Fr	r	Santiago HS	17:16.5	Ross Miles	Fr	s	Redlands HS	17:53.6

Soph

Erik Gonzalez	So	r	Rubidoux HS	15:42.2	Jhavahn Holston	So	s	Serrano HS	15:42.5
Uriel Medina	So	r	Corona HS	15:58.1	Salvador Chavez	So	s	West Valley HS	16:04.0
Frank Lagunas	So	r	La Sierra HS	16:13.3	Manuel Ramirez	So	s	Sultana HS	16:06.4
Luis Barrera	So	r	Indio HS	16:18.3	Jakob Bible	So	s	Rancho Cucamonga	16:15.9
Micah Hitchcock	So	r	Hemet HS	16:21.2	Christopher Weiland	So	s	Rancho Cucamonga	16:16.4
Ray Barela	So	r	West Valley HS	16:25.7	Andrew Arvizu	So	s	Chino Hills HS	16:16.9
Jozef Chavez	So	r	Eleanor Roosevelt HS	16:37.5	Sam Thouas	So	s	Redlands HS	16:19.1
Justin Reynolds	So	r	Woodcrest Christian HS	16:38.2	Grant Sipos	So	s	Rancho Cucamonga	16:35.5
Eric Lopez-Ewell	So	r	Eleanor Roosevelt HS	16:41.2	Joseph Del Valle Ruthe	So	s	Etiwanda HS	16:38.8
Isaiah Madrigal	So	r	Eleanor Roosevelt HS	16:43.5	Alex Tongpo	So	s	Redlands HS	16:48.1

Juniors

Eric Nunez	Jr	r	Vista Murrieta HS	15:40.1	Peter Torres	Jr	s	Chino Hills HS	15:38.0
Darvale Jackson	Jr	r	JW North HS	15:48.1	Bradley Ewart	Jr	s	Los Osos HS	15:50.6
Jared Amador	Jr	r	Paloma Valley HS	15:48.8	Bijon Howell	Jr	s	Rancho Cucamonga	16:00.4
Ricardo Sanchez	Jr	r	Rubidoux HS	15:55.9	Daniel Chavez	Jr	s	Rancho Cucamonga	16:05.1
Melvin Esteva	Jr	r	La Sierra HS	15:56.7	Homero Orozco	Jr	s	Cajon HS	16:14.8
Michael Conant	Jr	r	Woodcrest Christian HS	16:01.8	Daniel Dolen	Jr	s	Rancho Cucamonga	16:15.6
Sergio Lemus	Jr	r	Canyon Springs HS	16:16.2	Devin Barnes	Jr	s	Serrano HS	16:16.6
Parker Woodward	Jr	r	Murrieta Mesa HS	16:23.4	Christian Schultz	Jr	s	Sherman Burroughs	16:22.8
Jonathan Martinez	Jr	r	Woodcrest Christian HS	16:24.5	Alex Scott	Jr	s	Chino Hills HS	16:25.1
Juan Ambriz	Jr	r	JW North HS	16:24.6	Garrett Miranda	Jr	s	Hesperia HS	16:29.0

Seniors

Jeremiah Bias	Sr	r	Vista del Lago HS	15:08.6	Koby Pederson	Sr	s	Alta Loma HS	15:22.9
Pedro Sandoval	Sr	r	Rubidoux HS	15:13.4	Christian Sharp	Sr	s	Redlands East Valle	15:47.5
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Trevor Knaus	Sr	r	Vista Murrieta HS	15:44.4	Christopher Arcos	Sr	s	Chino Hills HS	15:53.0
Chris Malloy	Sr	r	Vista Murrieta HS	15:45.7	Marcelo Arcos	Sr	s	Chino Hills HS	15:55.5
Austin DUBYAK	Sr	r	Woodcrest Christian HS	15:45.9	Jacob Casillas	Sr	s	Etiwanda HS	15:59.5
Andrew Graciano	Sr	r	Eleanor Roosevelt HS	15:46.1	Tommy Manning	Sr	s	Serrano HS	16:09.3
Andrew Crooks-Yadi	Sr	r	Murrieta Mesa HS	15:55.6	Cody Berg	Sr	s	Chino Hills HS	16:18.1
Colton Reddish	Sr	r	Vista Murrieta HS	16:05.4	Nathaniel Colletti	Sr	s	Chino Hills HS	16:20.9
Jason Angle	Sr	r	Elsinore HS	16:10.4	David Lerma	Sr	s	Silverado HS	16:21.2